

Something's COOKING in the Bronx from Crotona to West Farms...

## “Cooking with GUSTiamO”

A Creative Culinary Institute for Youth from  
The Mary Mitchell Center and Bronx River Art Center

### **Tuesday, 7/13, 1:00-3:00 PM**

Visit to Gustiamo.com warehouse in the Bronx, make your own pasta with delicious Italian ingredients and see the food biz in action.

### **Wednesday, 7/21, 1:00-3:00 PM**

Trip to La Familia Verde Farmers' Market ([www.lafamiliaverde.org](http://www.lafamiliaverde.org)) to shop for fresh produce, then cook a meal at the Mary Mitchell Foundation.

### **Wednesday, 7/28, 1:00-3:00 PM**

More 'green' cooking or restaurant visit in Little Italy

There is no cost to participate, but students must register and commit to all three classes.  
Register TODAY by calling (718) 589-5819.

Maximum of 15 students ages 9-13 (first come, first served).

<p><b>Gustiamo, Inc.</b> <a href="http://www.gustiamo.com">www.gustiamo.com</a></p> <p>1715 West Farms Road Bronx, NY 10460 (718) 860-2949</p> <p>Gustiamo.com – Italy's Best Foods – is just around the corner from you, in the Bronx. We travel to Italy to find the best Italian tomatoes, pastas, extra virgin olive oils, chocolates...and much more. We bring them back to America so you can experience real Italian cooking and taste it too. Our Italian foods are not only delicious, they are very good for you.</p>	<p><b>The Mary Mitchell Family and Youth Center</b> <a href="http://www.themarymittellfyc.org">www.themarymittellfyc.org</a></p> <p>2007 Mapes Ave Bronx, NY 10460 (718) 583-1765</p> <p>The Mission of the Center is to improve the lives of families and youth in the Crotona section of the Bronx through programs that expand opportunities, develop leadership and build community.</p>	<p><b>Bronx River Art Center</b> <a href="http://www.bronxriverart.org">www.bronxriverart.org</a></p> <p>1087 East Tremont Bronx, NY 10460 (718) 589-5819</p> <p>The Bronx River Art Center is an independent, not-for-profit, Bronx-based multi-arts organization dedicated to providing arts activities, opportunities and instructions to artists, program participants and the general public. The Center offers a forum for emerging and established artists to create and exhibit their work, as well as a place for students, particularly Bronx youth, to develop their creative talents.</p>
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